

THE DAILY WISHBYTE RSS NEWSFEED ARCHIVES

This ebook is an indexed file of all the articles published on the The Daily Wishbyte RSS newsfeed.

The next volume will be The Daily Wishbyte Volume Three.

Please check back at the RSS Newsfeed page at:

<http://www.apluswriting.net/rssnewsfeeds/newsfeeds.htm>

Because of the links to articles and other information on the internet, and to keep the ebook to an easy size to download, I've only placed the first paragraph of each article here. I have hyperlinked the urls but..... due to the length of them the two-line ones may not open to the page giving you an error page. With these you'll have to copy and paste them into your browser.

The articles are listed according to date of publication.

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APlusWriting: The Daily Wishbyte Volume Two

The Daily Wishbyte is a daily tidbit of information. The Daily Wishbyte will be published regularly with articles that provides ideas, help, news, or information on health, gardening, hobbies, pets, childcare, environment, and many other topics. There is something for everyone.

12/3/2007 9:05 AM

[Important Notice: Daily Wishbyte Volume Two is Moving!!!!](#)

Please read!!!

The Daily Wishbyte Volume Two is moving, please change your reader to:

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte03/dailywishbyte03.xml>

11/24/2007 6:20 PM

[Salt Dangerous In The Garden](#)

Salt makes an excellent weedkiller and slug control but..... it can be very dangerous to the soil and beneficial earthworms.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Salt_Dangerous_In_The_Garden.htm

11/24/2007 5:16 PM

[Nanotechnology And Health](#)

Without knowing the full consequences of how health will be affected, scientists are attempting to use nanotechnology to produce new ways of administering vitamins and minerals.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Nanotechnology_And_Health.htm

11/24/2007 2:43 PM

[Curry Powder and Alzheimer's](#)

Curry and turmeric, two common cooking spices, may hold the cure for Alzheimer's Disease.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Curry_Powder_and_Alzheimer's.htm

11/24/2007 2:40 PM

[Earthworms And E. coli](#)

For anyone starting or switching to organic gardening and is concerned about E.coli in manure fertilizers earthworms are best friends.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Earthworms_And_E._coli.htm

11/15/2006 8:02 PM

[Christmas Stressful For Children](#)

All the hustle and bustle of the holidays is stressful for adults and even more for children. And still more for children that live with just one parent and have been through a divorce.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Christmas_Stressful_For_Children.htm

11/15/2007 7:45 PM

[Eating Healthy For The Holidays](#)

With all the cookies, and cakes and special holiday treats, it can be difficult to maintain a healthy weight during the Christmas season.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eating_Healthy_For_The_Holidays.htm

11/15/2007 7:14 AM

[Diamond Christmas Tree](#)

Most people would accept diamonds as a Christmas gift but how about a Diamond Christmas Tree?

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Diamond_Christmas_Tree.htm

11/13/2007 7:32 PM

[Lower Cholesterol With Citrus](#)

Citrus fruits are excellent for Vitamin C, antioxidants, and bioflavonoids. Combined with nutrients from Vitamin E it's an unbeatable combination to lower cholesterol levels without drugs.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Lower_Cholesterol_With_Citrus.htm

11/13/2007 4:17 PM

[Christmas Decorations And Lead](#)

First it was tainted dog food. Then toothpaste. Then children's toys. And now..... Christmas decorations are coated in lead.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Christmas_Decorations_And_Lead.htm

11/13/2007 1:44 PM

[Coffee Helps Environment](#)

Growing coffee is good for the environment.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Helps_Environment.htm

11/12/2006 2:59 PM

[Solar Energy From Plants](#)

Oddly enough, it takes solar energy to grow plants but..... plants may also be able to produce solar energy in return.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Solar_Energy_From_Plants.htm

11/10/2007 3:28 PM

[Vitamin D Helps Prevent Flu](#)

Flu season is right around the corner. Be sure to get enough Vitamin D.

Vitamin D is a natural antibiotic and antiviral compound as compared to other vitamins which act more like antioxidants which also help to keep us healthy.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Vitamin_D_Helps_Prevent_Flu.htm

11/4/2007 9:38 AM

[How To Grow Iris](#)

The beautiful Iris is a very easy plant to grow.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/iristips.htm>

10/24/2007 9:41 PM

[Vitamin A Cures Acne](#)

There are all kinds of drugs and chemicals that can be used to fight acne, but why endanger health and skin when natural vitamins and herbs can cure acne without the side effects.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Vitamin_A_Cures_Acne.htm

10/23/2007 7:18 AM

[Garlic Kills Superbug](#)

Scientists have discovered what garlic lovers already know. Garlic is able to kill even the MRSA superbug bacteria.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garlic_Kills_Superbug.htm

10/22/2007 1:43 PM

[Potatoes Help Prevent Cancer](#)

Potatoes have long been known for their health giving benefits. So much so that the Great Potato Famine of 1845 and 1846 led to many deaths when the potato crops were ruined.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Potatoes_Help_Prevent_Cancer.htm

10/19/2007 2:48 PM

[Antibacterial Soaps Aid Infections](#)

There are many factors in the reasons for why antibiotics are becoming bacteria resistant but the overuse of antibacterial soaps is one major contributor.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Antibacterial_Soaps_Aid_Infections.htm

10/17/2007 12:32 PM

[Biodegradable Pet Products](#)

Instead of plastic, use biodegradable bags and liners for your pet dogs and cats.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Biodegradable_Pet_Products.htm

10/15/2007 2:27 PM

[Reusable Bags Help Environment](#)

Plastic bags are killing fish, mammals, birds, and are even helping to change the climate.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Reusable_Bags_Help_Environment.htm

10/14/2007 2:51 PM

[Mosquito Bites Cause Ulcers](#)

Mosquito Bites can cause serious ulcers if mosquitoes are infected with Mycobacterium ulcerans, the same organism that causes tuberculosis and leprosy.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Mosquitoes_Bites_Cause_Ulcers.htm

10/13/2007 7:02 PM

[Celebrate Herb Day](#)

Herb Day is a holiday that isn't very well known. Celebrate Herb Day this year.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Celebrate_Herb_Day.htm

10/4/2007 8:26 PM

[Chocolate Beats Fatigue](#)

Sufferers of chronic fatigue syndrome (CFS) may find their symptoms relieved by eating a small amount of dark chocolate daily.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Chocolate_Beats_Fatigue.htm

10/2/2007 8:26 PM

[Schools Ban Halloween](#)

If you love Halloween..... keep up on the latest news about the holiday being banned.
http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Schools_Ban_Halloween.htm

10/2/2007 3:38 PM

[Halloween Goes To The Dogs](#)

When celebrating Halloween be sure to include your pets.
http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Halloween_Goes_To_The_Dogs.htm

10/2/2007 3:09 PM

[Halloween Safety For Pets](#)

Halloween is a fun evening for everyone to enjoy. But it can be a dangerous time for pets. Make sure your pets enjoy the holiday but remain safe.
<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/halloweenpet.htm>

9/30/2007 6:53 PM

[Caffeine and Painkillers Don't Mix](#)

For anyone taking acetaminophen for pain, or cold and allergy medications that include the pain relief medication, caffeine intake should be carefully monitored.
http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Caffeine_and_Painkillers_Don't_Mix.htm

9/29/2007 3:35 PM

[Green Grass Relieves Stress](#)

Being out in the fresh air, and nature with it's flowers, trees and grass has always been known to be healthy. Now there is proof.
http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Green_Grass_Relieves_Stress.htm

9/27/2007 8:38 PM

[Tea Helps Prevent Gallbladder Cancer](#)

A study in China shows that green tea has the benefits of preventing bile stones and cancer. Women in particular had more protection than men.
http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Tea_Helps_Prevent_Gallbladder_Cancer.htm

9/26/2007 10:38 PM

[Nutrition For Healthy Hair](#)

To have healthy hair on the outside, good nutrition must nourish the hair from the inside.
http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Nutrition_For_Healthy_Hair.htm

9/23/2007 4:25 PM

[Herbs For Fall](#)

For fall celebrations herbs make one of the best food, tea, and decorative items.
http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Herbs_For_Fall.htm

9/23/2007 2:50 PM

[Celebrating Autumn](#)

All religions celebrate the autumnal equinox in some manner. Here are some general guidelines on how to celebrate the beginning of fall.
<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/autumn.htm>

9/22/2007 2:56 PM

[Fall Is For Lawn Care](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fall_Is_For_Lawn_Care.htm)

Fall is the time to plant a new lawn or revitalize an old one.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fall_Is_For_Lawn_Care.htm

9/19/2007 8:39 PM

[Life Lessons From A Tree](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Life_Lessons_From_A_Tree.htm)

With the coming of autumn the beautiful colored leaves of trees catch our eye. But the feeling goes much deeper than that. We could all learn to be better Earth citizens if we lived like a tree.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Life_Lessons_From_A_Tree.htm

9/18/2007 8:10 PM

[Mosquito Topples Bullfighter](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Mosquito_Topples_Bullfighter.htm)

A mosquito is more dangerous than a bull. That is what a Spanish bullfighter discovered.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Mosquito_Topples_Bullfighter.htm

9/17/2007 8:50 PM

[Winterize Your Yard For Birds](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Winterize_Your_Yard_For_Birds.htm)

If you attract birds to your yard in the summer, be sure to make it welcome for them in the wintertime too.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Winterize_Your_Yard_For_Birds.htm

9/16/2007 3:03 PM

[Sins Of Chocolate](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Sins_Of_Chocolate.htm)

While the saying that liking chocolate is a sin is just a comment borne out of the craving for chocolate there is, in fact, a basis for it.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Sins_Of_Chocolate.htm

9/5/2007 8:52 PM

[Growing The Perfect Tomato](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Sins_Of_Chocolate.htm)

Tomatoes are susceptible to the environment and can be affected by the environment.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Sins_Of_Chocolate.htm

9/4/2007 8:20 PM

[Fuel Additives And Gas Mileage](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fuel_Additives_And_Gas_Mileage.htm)

Fuel additives are luxury items your vehicle doesn't need.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fuel_Additives_And_Gas_Mileage.htm

9/3/2007 4:51 PM

[Termites Help To Produce Biofuel](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Termites_Help_To_Produce_Biofuel.htm)

Termites, which can eat one out of house and home, just may be the answer to more effective biofuels to replace high-priced oil-based gasoline.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Termites_Help_To_Produce_Biofuel.htm

9/3/2007 3:15 PM

[Drugged Potato Chips](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Drugged_Potato_Chips.htm)

Your next bag of potato chips just may contain caffeine, a drug.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Drugged_Potato_Chips.htm

8/31/2007 8:10 PM

[Eat Almonds And Lose Weight](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eat_Almonds_And_Lose_Weight.htm)

While almonds are a nut and are high in fat, they are also nutritious and can help with weight loss.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eat_Almonds_And_Lose_Weight.htm

8/26/2007 2:48 PM

[Garlic--A Cancer Cure](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garlic--A_Cancer_Cure.htm)

As cancer rates rise, and the race for a cancer cure is sought, garlic may become a major source of a cancer cure drug.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garlic--A_Cancer_Cure.htm

8/21/2007 1:18 PM

[Fifteen Billion Slugs](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fifteen_Billion_Slugs.htm)

A gardener, or farmer's, nightmare! Even one slug crawling on a prized rose or hosta or lettuce leaf is a horror, so imagine 15 billion slugs!

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fifteen_Billion_Slugs.htm

8/8/2007 8:05 PM

[Eggshells Thwart Slugs](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eggshells_Thwart_Slugs.htm)

There are many ways to control slugs in the garden but eggshells are one of the best.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eggshells_Thwart_Slugs.htm

8/3/2007 9:12 PM

[Coffee Prevents Skin Cancer](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Prevents_Skin_Cancer.htm)

Enjoy a drink of coffee and help yourself in the prevention of getting skin cancer.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Prevents_Skin_Cancer.htm

8/2/2007 10:10 PM

[Termites Are Cockroaches](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Termites_Are_Cockroaches.htm)

No one wants to find a cockroach in their home, but if you have termites, your home is infested with cockroaches.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Termites_Are_Cockroaches.htm

8/1/2007 8:21 PM

[Eat Your Garden Slugs](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eat_Your_Garden_Slugs.htm)

If you can't beat 'em, eat 'em! That is the attitude of a restaurant owner in the Swedish town of Malmoe. His menu offers "slug toast".

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eat_Your_Garden_Slugs.htm

7/31/2007 8:58 PM

[Your Shoe Mileage](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Your_Shoe_Mileage.htm)

Do you run or walk for daily exercise? If so, then you need to know your shoe mileage.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Your_Shoe_Mileage.htm

7/30/2007 3:05 PM

[Tea Becomes A Food](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Tea_Becomes_A_Food.htm)

With the antioxidant benefits of tea becoming more and more well known tea has become a food instead of just a refreshing beverage.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Tea_Becomes_A_Food.htm

7/30/2007 3:05 PM

[Pretend You Have No Brakes](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Pretend_You_Have_No_Brakes.htm)

Drive your car gently and easily and get more mileage. Aggressive driving can reduce gas mileage by 33 percent on the highway and 5 percent in the city according to the U.S. Department of Energy.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Pretend_You_Have_No_Brakes.htm

7/28/2007 2:43 PM

[No Place To Hide From Ants](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/No_Place_To_Hide_From_Ants.htm)

If you are thinking of moving to the North Pole to get away from ants. Think again.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/No_Place_To_Hide_From_Ants.htm

7/24/2007 9:29 PM

[Garage Sale Valuables](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garage_Sale_Valuables.htm)

Don't sell your treasured valuables at your garage sale unless you really intend to.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garage_Sale_Valuables.htm

7/23/2007 10:12 PM

[Cockroaches Like Human Ears](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Cockroaches_Like_Human_Ears.htm)

Cockroaches like to crawl into human ears. Especially those of sleeping children.

Cockroaches will also crawl into nostrils.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Cockroaches_Like_Human_Ears.htm

7/22/2007 1:36 PM

[Bedbugs On The Increase](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Bedbugs_On_The_Increase.htm)

For reasons not fully understood, bedbugs are making a return to all parts of the United States but the northwest seems to be experiencing the most problems.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Bedbugs_On_The_Increase.htm

7/22/2007 1:35 PM

[Stinging Ants Plague Outdoor Lovers](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Stinging_Ants_Plague_Outdoor_Lovers.htm)

While most ants, except for fire ants, don't bite people, there is one species of flying ant that is stinging people in Florida.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Stinging_Ants_Plague_Outdoor_Lovers.htm

7/21/2007 2:22 PM

[Slower Speed Means Better Mileage](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Slower_Speed_Means_Better_Mileage.htm)

One driver put the suggestion of driving at lower speeds to get better gas mileage and found that it is true.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Slower_Speed_Means_Better_Mileage.htm

7/15/2007 1:11 PM

[Garlic From China](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garlic_From_China.htm)

Garlic is one of the most healthful herbs one can eat. But do you know where the garlic you are eating was grown and produced?

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garlic_From_China.htm

7/14/2007 1:35 PM

[Slugs Eat Entire Garden](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Slugs_Eat_Entire_Garden.htm)

If you have slugs in your garden be glad you don't live in Sweden where Spanish slugs are taking over gardens.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Slugs_Eat_Entire_Garden.htm

7/14/2007 1:34 PM

[Coffee Relieves Stress](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Relieves_Stress.htm)

Coffee breaks are actually healthful. Coffee relieves stress and helps the body stay healthy while under stress.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Relieves_Stress.htm

7/8/2007 1:43 PM

[Earthworms Revitalize Dead Soil](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Earthworms_Revitalize_Dead_Soil.htm)

The lowly earthworm has the ability to bring dead soil to life. With just a little help from humans, soil that has been void of healthy nutrients can be brought back to productivity by earthworms.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Earthworms_Revitalize_Dead_Soil.htm

7/8/2007 1:14 PM

[High Temperatures Halt Tomato Production](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/High_Temperatures_Halt_Tomato_Production.htm)

Tomato plants need average summer temperatures to produce fruit. With high temperatures yield will be slowed until normal temperatures return.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/High_Temperatures_Halt_Tomato_Production.htm

7/4/2007 12:39 PM

[Strawberries Improve Memory](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Strawberries_Improve_Memory.htm)

Many fruits contain antioxidants and bioflavonoids which are necessary for good health. Strawberries contain one such chemical called fisetin.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Strawberries_Improve_Memory.htm

7/4/2007 11:39 AM

[Be Careful Advertising Garage Sales](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Be_Careful_Advertising_Garage_Sales.htm)

Having a garage or yard sale can be fun and profitable but be aware of local laws that, if broken, could cost you your profit, or more, with fines ranging from \$500 to \$1000.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Be_Careful_Advertising_Garage_Sales.htm

7/3/2007 1:08 PM

[How To Grow Strawberries](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/strawberry.htm)

Strawberries are a healthful and delicious summer treat that anyone can grow in a garden, on a patio, or even in pots.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/strawberry.htm>

7/1/2007 2:27 PM

[Exercise Helps Prevent Bowel Cancer](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Exercise_Helps_Prevent_Bowel_Cancer.htm)

Strenuous exercise, or even just cleaning house for a couple of hours a day, can lower the risk of being afflicted with colon cancer.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Exercise_Helps_Prevent_Bowel_Cancer.htm

6/28/2007 9:35 PM

[Earthworms Reduce Weeds](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Earthworms_Reduce_Weeds.htm)

It is an established fact that earthworms improve garden and agricultural soils but it's not so well known that earthworms also can help reduce weed growth.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Earthworms_Reduce_Weeds.htm

6/27/2007 7:29 AM

[Tea More Valuable Than Gold](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Tea_More_Valuable_Than_Gold.htm)

In China, where the health benefits of tea is well known, some tea varieties are worth more than gold.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Tea_More_Valuable_Than_Gold.htm

6/26/2007 10:02 PM

[Coffee Prevents Alzheimer's](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Prevents_Alzheimer's.htm)

By drinking a delicious three cups of coffee a day, one may just be able to prevent getting Alzheimer's disease.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Prevents_Alzheimer's.htm

6/11/2007 3:01 PM

[Pesticides Reduce Nitrogen In Soil](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Pesticides_Reduce_Nitrogen_In_Soil.htm)

Pesticides are reducing the fertility of garden and agricultural soils.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Pesticides_Reduce_Nitrogen_In_Soil.htm

6/11/2007 11:25 AM

[Eat Chocolate And Live To 100](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eat_Chocolate_and_Live_to_100.htm)

Two chocoholics lived to be 122 and 119 years old.

The world's oldest centenarians, Jeanne Calment (France, 1875 to 1997) and Sarah Knauss (U.S.A., 1880 to 1999) were chocoholics.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eat_Chocolate_and_Live_to_100.htm

6/3/2007 2:08 PM

[Toxic Indoor Pollution](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Toxic_Indoor_Pollution.htm)

If you spend most of your time at work indoors you may be risking your health more than people who spend time outdoors.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Toxic_Indoor_Pollution.htm

6/3/2007 1:43 PM

[Toxic Plastic Baby Bottles](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Toxic_Plastic_Baby_Bottles.htm)

If you are a mother of a new baby, or know someone who is, a warning about using plastic, instead of glass, baby bottles could save the child a lot of health problems later in life.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Toxic_Plastic_Baby_Bottles.htm

5/28/2007 12:36 PM

[Plastic Bag Fees](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Plastic_Bag_Fees.htm)

The indiscriminate use of plastic bags is going to cost shoppers.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Plastic_Bag_Fees.htm

4/10/2007 12:54 PM

[Mouse Stops Traffic](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Mouse_Stops_Traffic.htm)

Air flights get delayed because of bad weather and many other reasons but in this case..... a single little mouse had his day.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Mouse_Stops_Traffic.htm

3/20/2007 7:11 PM

[Cockroach Allergy And Asthma](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Cockroach_Allergy_And_Asthma.htm)

Asthma is on the increase and so is the allergy to cockroaches.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Cockroach_Allergy_And_Asthma.htm

3/19/2007 3:08 PM

[Green Tea Fights Lung Cancer](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Green_Tea_Fights_Lung_Cancer.htm)

While the antioxidant qualities of green tea has been known for some time, there is now research that shows that green tea may actually prevent lung cancer.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Green_Tea_Fights_Lung_Cancer.htm

3/17/2007 9:01 PM

[Organic Best For Good Health](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Organic_Best_For_Good_Health.htm)

Consumers who demand organic food and natural cleansers for the home are increasing. The healthier aspects of organic versus synthetic is increasing daily.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Organic_Best_For_Good_Health.htm

3/17/2007 5:15 PM

[More Calcium For Heart During Weight Loss](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/More_Calcium_For_Heart_During_Weight_Loss.htm)

Calcium with vitamin D is important in any healthy diet. But for anyone trying to lose weight calcium is even more crucial to a healthy heart.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/More_Calcium_For_Heart_During_Weight_Loss.htm

3/17/2007 3:00 PM

[How To Grow Chamomile](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/chamomile.htm)

Chamomile is an herb with a beautiful daisy like flower. Chamomile can be grown for it's beauty as well as for making herb tea which is delicious and also has medicinal qualities.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/chamomile.htm>

3/15/2007 10:26 PM

[Chamomile Tea--A Natural Anticoagulant](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Chamomile_Tea--A_Natural_Anticoagulant.htm)

For people taking coumadin, or it's generic, warfarin, chamomile tea can be a friend or enemy.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Chamomile_Tea--A_Natural_Anticoagulant.htm

3/4/2007 3:14 PM

[Red Clover Reduces Slugs](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Red_Clover_Reduces_Slugs.htm)

Gardeners battle with slugs every season. Every trick in the book has been used from chemical baits to beer traps, diatomaceous earth, crushed egg shells, and even copper flashing as a barricade. Now scientists say that companion planting can be a true organic way to control slugs.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Red_Clover_Reduces_Slugs.htm

2/17/2007 3:16 PM

[Bedbug Tips](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Bedbug_Tips.htm)

Bedbugs are an old pest problem that has resurfaced in the twenty-first century. Many pesticides that were once effective against the pest are no longer effective.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Bedbug_Tips.htm

2/11/2007 3:26 PM

[Soil Produces New Antibiotic](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Soil_Produces_New_Antibiotic.htm)

Scientists in Haiti have found a microbe in the soil which may be the source from which a new powerful antibiotic may be produced.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Soil_Produces_New_Antibiotic.htm

2/5/2007 1:43 PM

[Plant Based Dishware Replaces Styrofoam](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Plant_Based_Dishware_Replaces_Styrofoam.htm)

Besides plastics, styrofoam is one of the fastest growing items helping to fill up landfills at an astonishing rate.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Plant_Based_Dishware_Replaces_Styrofoam.htm

2/5/2007 1:03 PM

[Vitamin D And Cancer](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Vitamin_D_And_Cancer.htm)

Common vitamin D found in milk, vegetables, and plenty of sunshine just might be an aid in the fight against prostate cancer.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Vitamin_D_And_Cancer.htm

2/5/2007 12:31 PM

[Antibiotics Don't Help Colds](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Antibiotics_Don't_Help_Colds.htm)

If you have the common cold, don't waste money on a doctor visit for an expensive antibiotic.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Antibiotics_Don't_Help_Colds.htm

2/4/2007 3:03 PM

[Carbon Dioxide Aids Tomato Production](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Carbon_Dioxide_Aids_Tomato_Production.htm)

Carbon dioxide emission is the culprit of global warming according to scientists. But at a greenhouse in Leamington, Ontario, Canada tomato plants will use the carbon dioxide.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Carbon_Dioxide_Aids_Tomato_Production.htm

1/15/2007 2:56 PM

[Gas Saving Cars Popular](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Gas_Saving_Cars_Popular.htm)

With the high price of gasoline, more and more consumers are returning to smaller cars.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Gas_Saving_Cars_Popular.htm

1/15/2007 2:31 PM

[Fish Reveal Estrogen Levels](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fish_Reveal_Estrogen_Levels.htm)

Environmental damage to marine life is already being exposed as being caused by pharmaceutical hormone drugs in wastewater.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Fish_Reveal_Estrogen_Levels.htm

1/15/2007 1:55 PM

[No Milk With Tea](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/No_Milk_With_Tea.htm)

If you drink tea for it's health giving benefits then do not drink it with milk added. That is the conclusion by a professor of cardiology at the Charite hospital in Berlin.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/No_Milk_With_Tea.htm

1/14/2007 4:47 PM

[Tea Lovers Rejoice](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Tea_Lovers_Rejoice.htm)

Tea consumption is on the rise! According to the World Tea Expo, U.S. tea sales are expected to grow from \$6 billion in 2005 to \$10 billion by 2010. The reason being the great health benefits.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Tea_Lovers_Rejoice.htm

1/14/2007 3:13 PM

[Estrogen Endangers Lobsters](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Estrogen_Endangers_Lobsters.htm)

Between 1998 and 2004 there has been a 70 percent decline in the lobster population according to the Massachusetts Lobstermen's Association.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Estrogen_Endangers_Lobsters.htm

1/14/2007 12:53 PM

[How To Grow Asparagus](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/asparagustips.htm)

A well taken care of asparagus bed will provide delicious spears for 15 to 25 years and sometimes even more.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/asparagustips.htm>

1/7/2007 11:04 AM

[Eliminate Mosquitoes Early](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eliminate_Mosquitoes_Early.htm)

A new vaccine for malaria is being developed by scientists of the not-for-profit Malaria Vaccine Initiative.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Eliminate_Mosquitoes_Early.htm

1/1/2007 3:23 PM

[Moths Can Harm Environment](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Moths_Can_Harm_Environment.htm)

While most moths are just a nuisance some species can actually do great harm to the environment.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Moths_Can_Harm_Environment.htm

1/1/2007 1:37 PM

[How To Grow Sweet Corn](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/sweetcorn.htm)

Ears of corn straight from the garden taste much sweeter than the ones found in grocery stores. Here are some tips on how to grow your own.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/sweetcorn.htm>

12/31/2006 4:30 PM

[New Plastic Bag Law](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/New_Plastic_Bag_Law.htm)

2007 brings a new plastic bag law to Californians. Can the rest of the country be far behind?

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/New_Plastic_Bag_Law.htm

12/29/2006 7:25 PM

[Air Pollution Harms Holly Plants](#)

If you grow holly plants be aware that they are particularly susceptible to air pollution. Ozone in particular.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Air_Pollution_Harms_Holly_Plants.htm

12/29/2006 6:40 PM

[Dark Chocolate Eases Diarrhea](#)

Once again chocolate proves itself to be a healthful food. It helps to ease diarrhea.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Dark_Chocolate_Eases_Diarrhea.htm

12/29/2006 2:39 PM

[How to Grow Holly](#)

Holly is a beautiful plant which can be grown almost anywhere except Australia and Antarctica. Most holly varieties are evergreen and have red berries which attract birds, squirrels and deer in the wintertime.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/hollycare.htm>

12/27/2006 10:37 PM

[Losing Weight Prevents Prostate Cancer](#)

A new study by researchers from the American Cancer Society and the Duke University Prostate Center found that men who lose excess weight have a lower risk for aggressive prostate cancer.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Losing_Weight_Prevents_Prostate_Cancer.htm

12/26/2006 9:52 PM

[Mice Sing To Mates](#)

While it's well known that male birds, insects, whales and humans serenade a prospective mate, it isn't as well known that male mice sing to their loved one.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Mice_Sing_To_Mates.htm

12/25/2006 4:07 PM

[Waterways Polluted by Lawn Fertilizers](#)

Having a green lawn means using fertilizer. But the kind of fertilizer used makes a big difference for the environment.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Waterways_Polluted_by_Lawn_Fertilizers.htm

12/25/2006 3:42 PM

[Smokers And Pregnancy](#)

Women who are heavy smokers are most likely to either have problems getting pregnant, or, are more likely to have multiple births. That is the recent finding by researchers at a Care Fertility Group in Spain and Portugal.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Smokers_And_Pregnancy.htm

12/21/2006 1:07 PM

[Free Daily Wishbyte Ebook](#)

A free ebook of all the articles published on The Daily Wishbyte Volume One is now available at:

<http://www.apluswriting.net/rssnewsfeeds/newsfeeds.htm>

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/wishbyte01.htm>

12/17/2006 1:48 PM

[How To Grow Blueberries](#)

Luscious blueberries are easy to grow. They just need a little extra special care.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/blueberrytips.htm>

12/16/2006 8:02 PM

[Sugar Plums Are Healthful](#)

Sugar plum fairies dance at Christmas time but are sugar plums healthful? In the 17th century the word plum was used to describe a dried fruit, not necessarily a prune as we know them today.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Sugar_Plums_Are_Healthful.htm

12/16/2006 7:20 PM

[How To Grow Plums](#)

Plums are an easy to grow fruit that is delicious and healthful. Here are some tips on growing plums.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/plumcare.htm>

12/16/2006 3:23 PM

[Road Salt And Your Car](#)

Winter driving means salt on the roads to make driving safer. But..... it's bad for cars. According to the Department of Transportation one state, Connecticut, is going to use rock salt with liquid calcium chloride instead of sand this winter.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Road_Salt_And_Your_Car.htm

12/16/2006 12:07 PM

[Pregnant Women Need To Avoid Mice](#)

If you are expecting, avoid contact with mice and other rodents.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Pregnant_Women_Need_To_Avoid_Mice.htm

12/14/2006 10:42 PM

[Breast Cancer Risk Lowered With Less Hormone Replacement Therapy](#)

A study released by the University of Texas M. D. Anderson Cancer Center reports that there was a 7 percent decline in breast cancers in 2003 than 2002. The only reason theorized is a decrease in the use of hormone replacement therapy.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Breast_Cancer_Risk_Lowered_With_Less_Hormone_Replacement_Therapy.htm

12/2/2006 1:57 PM

[Garlic Prevents Cancer](#)

Medical studies show what garlic lovers have known for a long time. Garlic is good for you! Some studies show that eating garlic, and it's close relative, onion, can help prevent cancer.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garlic_Prevents_Cancer.htm

11/28/2006 8:54 PM

[Breast Cancer and Hormone Replacement Therapy](#)

A very important discovery has been made concerning breast cancer and women who take, or don't take, hormone replacement therapy (HRT) for menopause symptoms.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Breast_Cancer_and_Hormone_Replacement_Therapy.htm

11/25/2006 1:49 PM

[Coffee For Good Health](#)

A few cups of coffee a day can be healthy. Here are some interesting health facts coffee lovers will delight in.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/coffee.htm>

11/23/2006 2:28 PM

[Used Toilet Water To Irrigate Lawns](#)

A retirement village in Mansfield, Pennsylvania, will be the first such community in that area to use recycled toilet water to water their lawns according to operators of a local sewage plant.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Used_Toilet_Water_To_Irrigate_Lawns.htm

11/23/2006 1:49 PM

[Walking Best Exercise For Elderly](#)

Elderly people, who can walk for 150 minutes every week, are healthier than those that don't exercise.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Walking_Best_Exercise_For_Elderly.htm

11/23/2006 1:26 PM

[Plastic Pollutes Ocean](#)

There is an area the size of Texas, between California and Hawaii, that is polluted with plastic. Scientists call it the trash vortex.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Plastic_Pollutes_Ocean.htm

11/19/2006 3:20 PM

[Spiders And Capsaicin](#)

What does a tarantula and a chili pepper have in common? Capsaicin.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Spiders_And_Capsaicin.htm

11/19/2006 3:08 PM

[Exercise More Important Than Diet](#)

If you are trying to lose weight, exercise is more effective than a restricted diet.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Spiders_And_Capsaicin.htm

11/19/2006 2:48 PM

[Chocolate Good For Athletes](#)

This past week brought news that chocolate is healthful for the heart. Now there is news that chocolate milk is good for athletes as well.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Chocolate_Good_For_Athletes.htm

11/16/2006 8:45 PM

[Chocolate Is Healthful](#)

Chocolate is good for you. Chocolate is bad for you. It's official! Chocolate, especially dark chocolate, is good for almost everyone!

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Chocolate_Is_Healthful.htm

11/15/2006 8:02 PM

[Christmas Stressful For Children](#)

All the hustle and bustle of the holidays is stressful for adults and even more for children. And still more for children that live with just one parent and have been through a divorce.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Christmas_Stressful_For_Children.htm

11/15/2006 7:48 PM

[Halloween Deer Story](#)

A deer in Michigan got a Halloween pumpkin caught on it's nose. Locals feared that the deer wouldn't be able to eat so ideas were tossed around as to how to free the deer.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Halloween_Deer_Story.htm

11/15/2006 7:25 PM

[Snails Produce Medicine](#)

The lowly snail may one day be a producer of pain medication, lessening the need for synthetic drugs and narcotics which can be addictive for people with severe chronic pain.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Snails_Produce_Medicine.htm

11/13/2006 2:42 PM

[Garlic Kills Antibiotic Resistant Bacteria](#)

Hospital acquired infections are becoming more and more prevalent due to bacteria resistant to antibiotics.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Garlic_Kills_Antibiotic_Resistant_Bacteria.htm

11/13/2006 2:14 PM

[New Ban on Synthetic Fertilizers](#)

If you garden, and especially if you have a lawn, beware. New laws could soon limit the kind of fertilizer you apply to your lawn.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/New_Ban_on_Synthetic_Fertilizers.htm

11/13/2006 1:22 PM

[Mileage Tricks May Harm Engines](#)

Gas prices are on an up and down cycle. Oil and gas prices go up and down quickly. Sometimes in just hours. Many vehicle owners are looking for quick fixes and tricks to extend mileage and may, instead, be harming their vehicles in the process.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Mileage_Tricks_May_Harm_Engines.htm

11/13/2006 11:22 AM

[How To Save Money On Gas](#)

Gas prices just keep going up, and our wallets keep decreasing in size. This how-to will teach you many ways to save money at the local gas station.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/How_To_Save_Money_On_Gas.htm

11/12/2006 3:00 PM

[Use Plastic Bags and Pay a Fine](#)

A fine of \$2,000, or a jail sentence of up to 12 months, will be imposed on anyone producing, importing, using or selling plastic bags.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Use_Plastic_Bags_and_Pay_a_Fine.htm

11/12/2006 2:59 PM

[Solar Energy From Plants](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Solar_Energy_From_Plants.htm)

Oddly enough, it takes solar energy to grow plants but..... plants may also be able to produce solar energy in return.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Solar_Energy_From_Plants.htm

11/12/2006 2:59 PM

[Dog Collar Museum](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Dog_Collar_Museum.htm)

Do you have a favorite dog collar? Is it an antique? Or simply just an unusual collar that you would like identified to see if it's worth a few, or more dollars? Here's your chance to find out!

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Dog_Collar_Museum.htm

11/11/2006 1:32 PM

[Allergic To Ladybugs?](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Allergic_To_Ladybugs.htm)

Lady beetles, commonly called lady bugs, are one of the most friendly insects to have in the garden. But, one species, the multicolored Asian lady beetle, can cause allergic reactions in sensitive people.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Allergic_To_Ladybugs.htm

11/11/2006 1:31 PM

[Cola Drinkers Risk Osteoporosis](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Cola_Drinkers_Risk_Osteoporosis.htm)

Women who drink cola risk osteoporosis at a much higher percentage than women who don't drink cola.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Cola_Drinkers_Risk_Osteoporosis.htm

11/10/2006 1:44 PM

[Lady Beetles in Your Garden](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/ladybeetle.htm)

Lady beetles, more commonly called lady bugs, are one insect that you want to have in your garden. They eat pesky aphids.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/ladybeetle.htm>

11/7/2006 8:41 PM

[Winter Allergy Prevention](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Winter_Allergy_Prevention.htm)

Bothered by sneezing, wheezing, and itchy eyes even after the temperature has gone below zero and the flowers and plants are gone for the season?

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Winter_Allergy_Prevention.htm

11/6/2006 8:39 PM

[Pumpkin for a Healthy Prostate](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Pumpkin_for_a_Healthy_Prostate.htm)

By the age of 40 more than half of all men have an enlarged prostate gland and by age 80, only one in five men will not have the affliction.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Pumpkin_for_a_Healthy_Prostate.htm

11/5/2006 3:12 PM

[Spice May Cure Alzheimer's](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/curcumin.htm)

The common spice, turmeric, may lead to a cure for Alzheimer's Disease.

<http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/curcumin.htm>

11/4/2006 10:50 PM

[Calcium for Depression](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Calcium_for_Depression.htm)

If you are depressed, you need calcium to protect your bones.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Calcium_for_Depression.htm

11/2/2006 10:54 PM

[Stop Smoking With Exercise](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Stop_Smoking_With_Exercise.htm)

If you want to stop smoking get more exercise.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Stop_Smoking_With_Exercise.htm

11/1/2006 10:01 PM

[Coffee Lovers Love Ants](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Lovers_Love_Ants.htm)

If you are a coffee lover you should love ants.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Coffee_Lovers_Love_Ants.htm

10/30/2006 11:18 PM

[Illegal To Smoke](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Illegal_To_Smoke.htm)

It may soon be illegal to smoke in your own backyard. Sound drastic? Look again.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Illegal_To_Smoke.htm

10/29/2006 10:31 AM

[Morning Sickness for a Healthy Baby](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Morning_Sickness_for_a_Healthy_Baby.htm)

While most mothers-to-be might not feel like agreeing, some experts feel that morning sickness is actually helpful to the developing baby.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Morning_Sickness_for_a_Healthy_Baby.htm

10/27/2006 10:58 PM

[Halloween Perfume](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Halloween_Perfume.htm)

I thought I'd seen it all with Tomato Perfume.

But now there is also Halloween Perfume!

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Halloween_Perfume.htm

10/26/2006 8:26 PM

[Celebrate Nature On Halloween](http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Celebrate_Nature_On_Halloween.htm)

Trick or treating is one of the most fun ways to celebrate Halloween.

http://www.apluswriting.net/rssnewsfeeds/dailywishbyte02/Celebrate_Nature_On_Halloween.htm